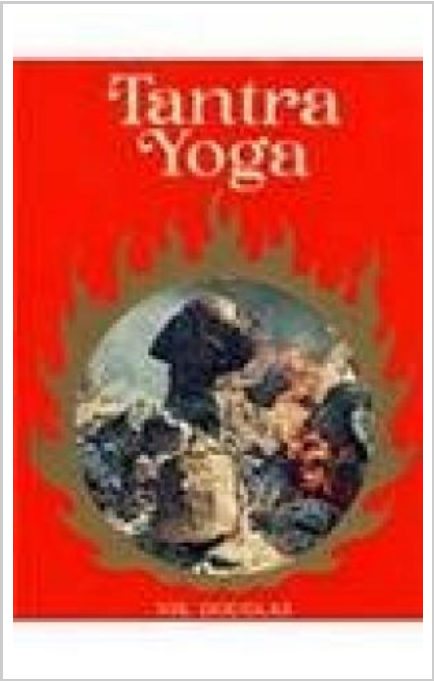


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Tantra Yoga

By Nik Douglas

Munshiram Manoharlal Publishers Pvt. Ltd., 1971. Hardcover. Book Condition: New. Numerous Colour Illustrations (illustrator). First. 19 X 25. Tantra Yoga is a way of life.a practice based upon the philosophy of Human Experience, by means of which the Wisdom of Reality can become a part of one's innermost Nature. The Tantra is the way of the Yogi-Mystic of the East, who, through practice of this Yoga, is able to transmute the normal "Mortal-Consciousness" into "Cosmic-Consciousness", and so experience the Blissful Joys of Reality. This book summarizes the tradition of Tantra Yoga from its origin and development in the earliest times to the present. The spread of tantrism.Animist, Hindu, Jain, Buddhist and Sufic.from the original centres to Tibet, and thence to the West, is discussed, and the influence of this special esoteric teaching on both science and religion, is indicated. The philosophical, psychological and practical aspects of Tantra Yoga are presented, with detailed chapters on the Tantric Cosmology, Theory of Evolution, Concept of Vibration, Alchemy, Symbolism, Ritual, Rite and Sadhana (Yoga practice). Light is shed on the problems and joys which underlie the experience of life, and practical methods are indicated for overcoming the "obscuring" factors and for attaining the Tantric...

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