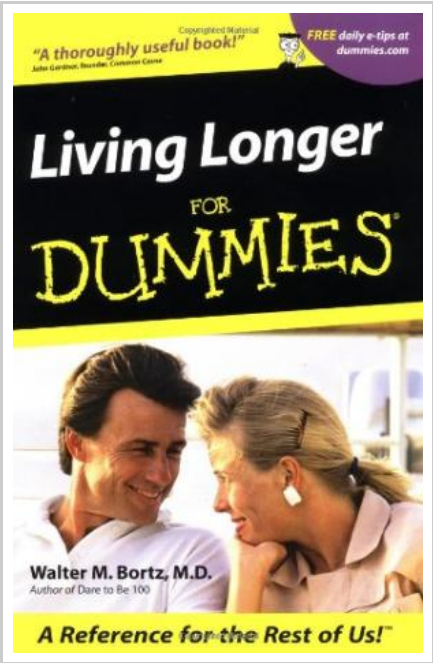


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Living Longer for Dummies

By Walter Bortz

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