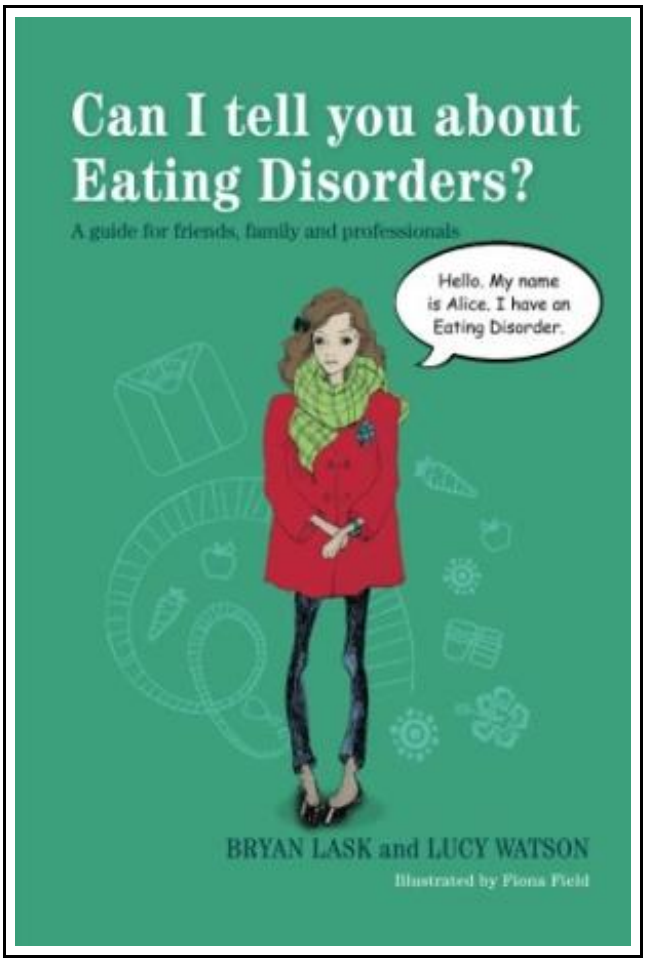
Can I Tell You About Eating Disorders?: A Guide for Friends, Family and Professionals



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(Mrs. Felicia Windler)

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Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Can I Tell You About Eating Disorders?: A Guide for Friends, Family and Professionals, Bryan Lask, Lucy Watson, Fiona Field, Meet Alice - a teenage girl with anorexia nervosa. Alice invites readers to learn about anorexia nervosa and how it makes her see herself differently from how other people see her. She also introduces readers to Beth who has bulimia nervosa, Sam who has selective eating problems, Francesca who has functional dysphagia and Freddie who has food avoidance emotional disorder. They all explain why they find food difficult and how their eating disorders are different. This illustrated book is an ideal introduction to understanding the complex issues surrounding eating disorders. It shows family, friends and teachers how they can support a young person with an eating disorder and will also be a good place to start when encouraging open conversations about eating disorders at school or at home.

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