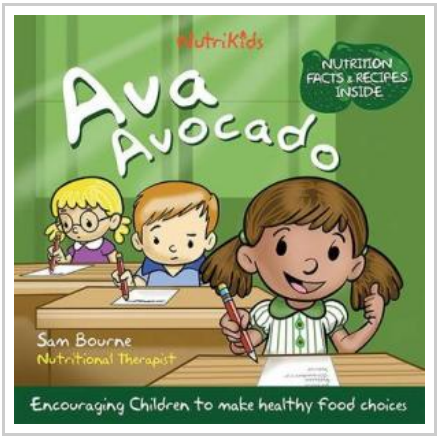


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Ava Avocado

By Bourne Sam

Paperback. Book Condition: New. Not Signed; Description: NutriKids Books were created to help parents, teachers and guardians to not only get children to eat and enjoy vegetables and fruit, but to help them understand why these foods are so important in the hope that each child will grow up with a natural inclination to include healthy foods in their diet.Today we live in an age where many foods do not have the nutritionrequired to stay healthy for life and children born today are predicted to live shorter lives than their parents due to diet. Adding vegetables and fruits every day (especially organic) is one of the best ways to support children's health for now and the future of their health. NutrikKids is here to help plant the seeds of knowledge and desire for better health.The books use simple language with a little child psychology, and are directed at young children at a time when they are learning about many different things in life, food being one of the most important.The NutriKids characters have experiences that young children can relate to like being in the park, school sports days, swimming and bedtime. The books also contain helpful nutritional information that explains...

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