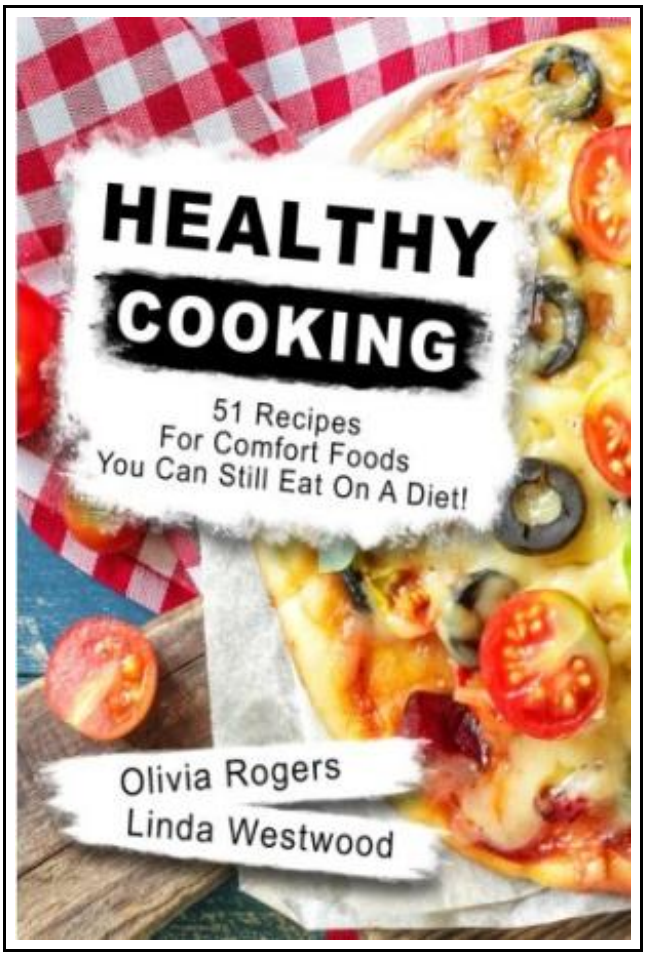
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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From the Best Selling writers, Olivia Rogers Linda Westwood, comes Healthy Cooking: 51 Recipes For Comfort Foods You Can Still Eat On A Diet! This book includes 51 recipes that will change your diet food forever! Not only are the recipes amazing - but they are QUICK, EASY HEALTHY! Are you tired of the same old diet foods? If you feel like your family might be looking to eat something else? Or if you just enjoy cooking and want to try something new and still healthy. THIS BOOK IS FOR YOU! This book provides you with 51 recipes that will turn you into AN AMAZING cook in just days! It comes with the recipes, ingredients, and all the steps you need to know! Are you ready to introduce these healthy cooking recipes into your regular cooking? Then check out these 51 recipes, and start cooking like a master TODAY! Some of the healthy cooking recipes include: Recipe 1: Healthy Whole Wheat and Oats Pumpkin Pancakes Recipe 3: Coconut Chocolate Energy Truffle Recipe Recipe 4: Deep Dark Chocolate Layer Cake Recipe 5: Low Fat Strawberry Cheesecake Recipe 6: Creamy Cheese Chocolate Chip Cookies Recipe 7: Low-Cal, Low-Fat Mashed Potatoes with Crispy Golden Chicken Recipe 8: Crispy Golden Chicken Recipe 9: Chicken Breasts Stuffed with Pimiento Cheese Recipe 10: Black Bean and Quinoa Burgers Recipe 11: Creamy Tarragon Chicken Salad Recipe 12: Fish and Chips with Tartar Sauce Recipe 13: Roasted Red Pepper, Hummus, Avocado Feta Sandwich Recipe 14: Mom s Easy Healthy Baked Beans Recipe 15: Quick Fall Minestrone Recipe 16: Healthier World s Best Lasagna Recipe 17: Low-Calorie Cauliflower Crust Pizza (Gluten Free) Recipe 18:...

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